



@ Regency Square, BN1 2FG (opposite the i360)

24-26 May 15:45 £10 full / £8 concession

•60 mins



BOOKTICKETS





Rotunda Theatre: Squeak





LIBERATING HAPPINESS AND WELLBEING, ANDIENCE AT A TIME!

Mischievous, subversive, fun and fizzing with wisdom, **HOW TO SURVIVE AND THRIVE IN**

AN IMPOSSIBLE WORLD WITH A PIANO!

is an invitation to stand back and laugh at a world that is quite clearly bonkers, and take a timeout to realise a better way of dealing with it.

Join award-winning psychologist & songwriter Steve Bonham, along with ace composer and musician Christopher 'The Bishop' Lydon, for our INTERACTIVE. WELLBEING. **MUSICAL SHOW** thingy!





With humour, storytelling, great songs and gentle audience participation, discover the "Five Rules of the Road" for a better existence.

Don't miss this unforgettable experience!

₩ **H © ♂** HTSATWellbeing Find out more at htsat.co.uk



"There is no way you will leave this show not feeling happier than when you went in!" Natalia, audience membe